

Welcome to the Cork Forestry Rally Competitor Safety Briefing August 2024





Tracking Control Numbers

- Please Save to your Mobile Phone
 - MI Track Control 1 00353 85 8301756
 - MI Track Control 2 00353 85 8301576
 - MI Track Control 3 00353 85 8301780
 - MI Track Control 4 00353 85 8301788















The Yellow Flag









THINK BOARD!!



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TOGETHER WE CAN SAVE FIVE MILLION LIVES



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Stage STOP Flag/Board







If You Need Medical Assistance Please Let Us Know





Fire Extinguishers





- Every Location has two Fire Extinguishers
- In-between Locations where a distance is greater than 2KM there will be a fire point
- Extinguishers are marker 1 & 2 Use them in this order







Belts - Harnesses

Quick Release Buckle in centre, just below 'belly-button' (not to one side)!



Lap Belts in bend between pelvic crest and upper thighs







Know where your Belt Cutters Are





OK Board







SOS Board









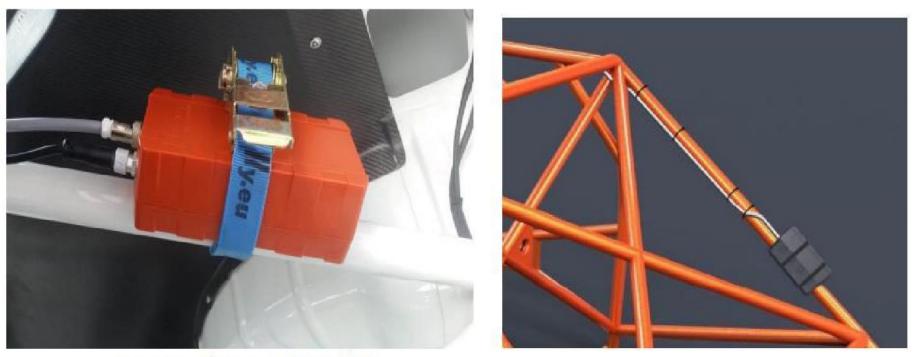
NO OK Board





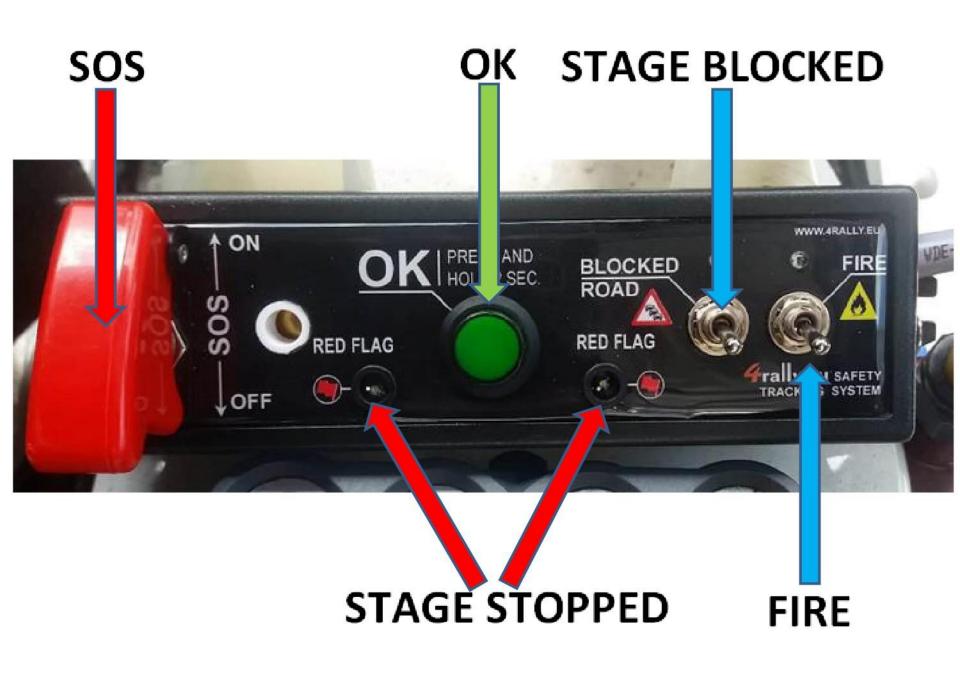


Safety Tracking System



Receiver / Transmitter Unit







Once you have triggered your systems & it is safe to do so go back & warn oncoming competitors

Stage Exits - Appendix 29







What to do!



KNN NOTE

Landmark





Look After Yourselves







