

## Welcome to the Cork Forestry Rally Competitor Safety Briefing August 2024





#### **Tracking Control Numbers**

- Please Save to your Mobile Phone
  - MI Track Control 1 00353 85 8301756
  - MI Track Control 2 00353 85 8301576
  - MI Track Control 3 00353 85 8301780
  - MI Track Control 4 00353 85 8301788















#### The Yellow Flag









#### THINK BOARD!!



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TOGETHER WE CAN SAVE FIVE MILLION LIVES



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### Stage STOP Flag/Board







# If You Need Medical Assistance Please Let Us Know





#### Fire Extinguishers





- Every Location has two Fire Extinguishers
- In-between Locations where a distance is greater than 2KM there will be a fire point
- Extinguishers are marker 1 & 2 Use them in this order







#### Belts - Harnesses

#### Quick Release Buckle in centre, just below 'belly-button' (not to one side)!



Lap Belts in bend between pelvic crest and upper thighs







#### Know where your Belt Cutters Are





#### **OK Board**







#### **SOS Board**









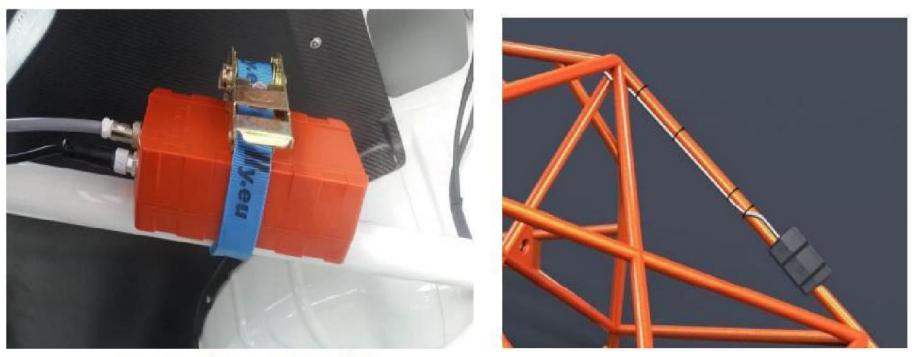
# NO OK Board





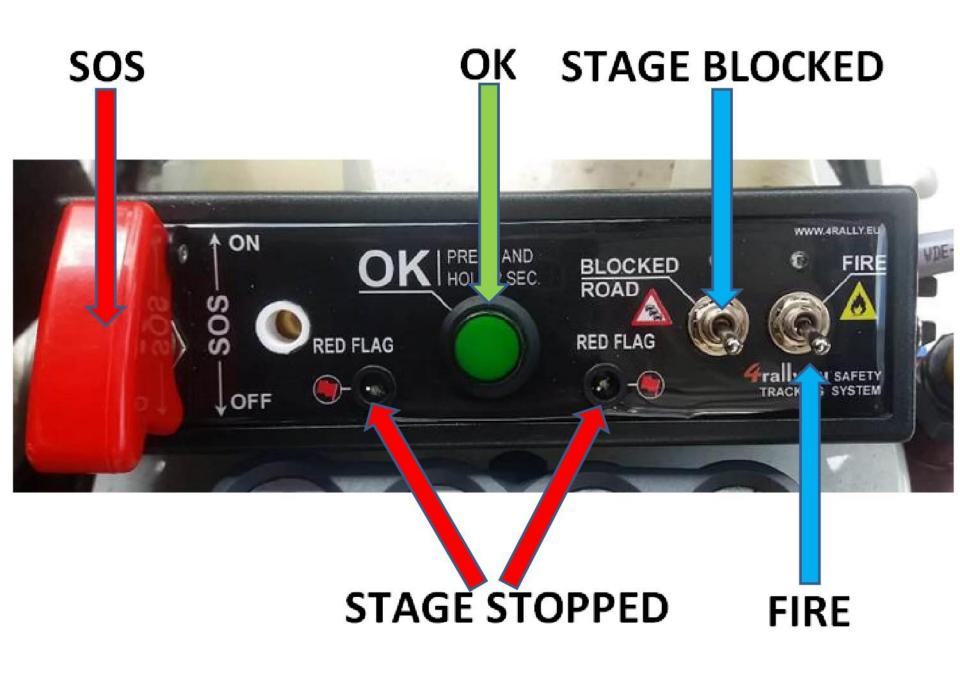


#### **Safety Tracking System**



**Receiver / Transmitter Unit** 







## Once you have triggered your systems & it is safe to do so go back & warn oncoming competitors

#### **Stage Exits - Appendix 29**







### What to do!



KNN NOTE

Landmark





## Look After Yourselves







